



# WOMEN'S WELLNESS

## WEEKEND

JUNE 07 – 09, 2019

*Featuring Holly Bourne, Certified KonMari Consultant*

YOU HAVE HEARD ABOUT MARIE KONDO'S KONMARI METHOD, THIS IS YOUR OPPORTUNITY TO LEARN FROM THE FIRST CERTIFIED CONSULTANT IN NC! CERTIFIED HEALTH COACH BRENDA SHROPSHIRE WILL HELP YOU LEARN THE SKILLS NECESSARY TO ACHIEVE CHANGE IN YOUR LIFE WITH HER PRESENTATION: "COMMITMENT TO AND ACHIEVING CHANGE. WITHOUT THE WHY IT'S JUST A WISH LIST"



HOLLY BOURNE  
Certified KonMari  
Consultant



BRENDA SHROPSHIRE  
Certified Health Coach

### PACKAGE INCLUDES:

- ❖ 2 NIGHTS ACCOMMODATIONS
- ❖ WELCOME RECEPTION, WINE TASTING, BREAKFAST EACH DAY
- ❖ ONE (50) MINUTE SPA SERVICE
- ❖ YOGA/FIT CLASS ~ MEDITATION WALK
- ❖ 2+ HOURS OF PROFESSIONALLY LED SEMINARS AND MORE!

**DOUBLE OCCUPANCY \$499/PERSON ~ SINGLE OCCUPANCY \$699**

BOOK HERE:

<https://gc.synxis.com/rez.aspx?Hotel=68615&Chain=19053&arrive=6/7/2019&depart=6/9/2019&adult=2&child=0&group=WW19>